



Evergrow Gadget

FLEXIBLE THINKING

Busy parents can help their kiddos become flexible thinkers even when time is short. Mentally flexible kids can shift their thinking based on what's happening around them. Their thoughts can quickly adapt when they get new information or when a situation changes, like when a game is canceled due to rain, or a party is postponed because someone is sick. Mentally flexible thinkers can see a situation from many angles and think about things from varied perspectives.

To build mental flexibility, cut out the below shapes and talk with your kids about how they can be used. Make a list of all the ways each shape can be used. Then, encourage your child to combine shapes to make a picture.

For example, a triangle can also be a hat. Or it can be rolled up to be a telescope. Combine a triangle and a square and you have a house. A circle could be a pizza pie. It could also be a compass. Combine a circle with other pieces and maybe you can make an animal.

